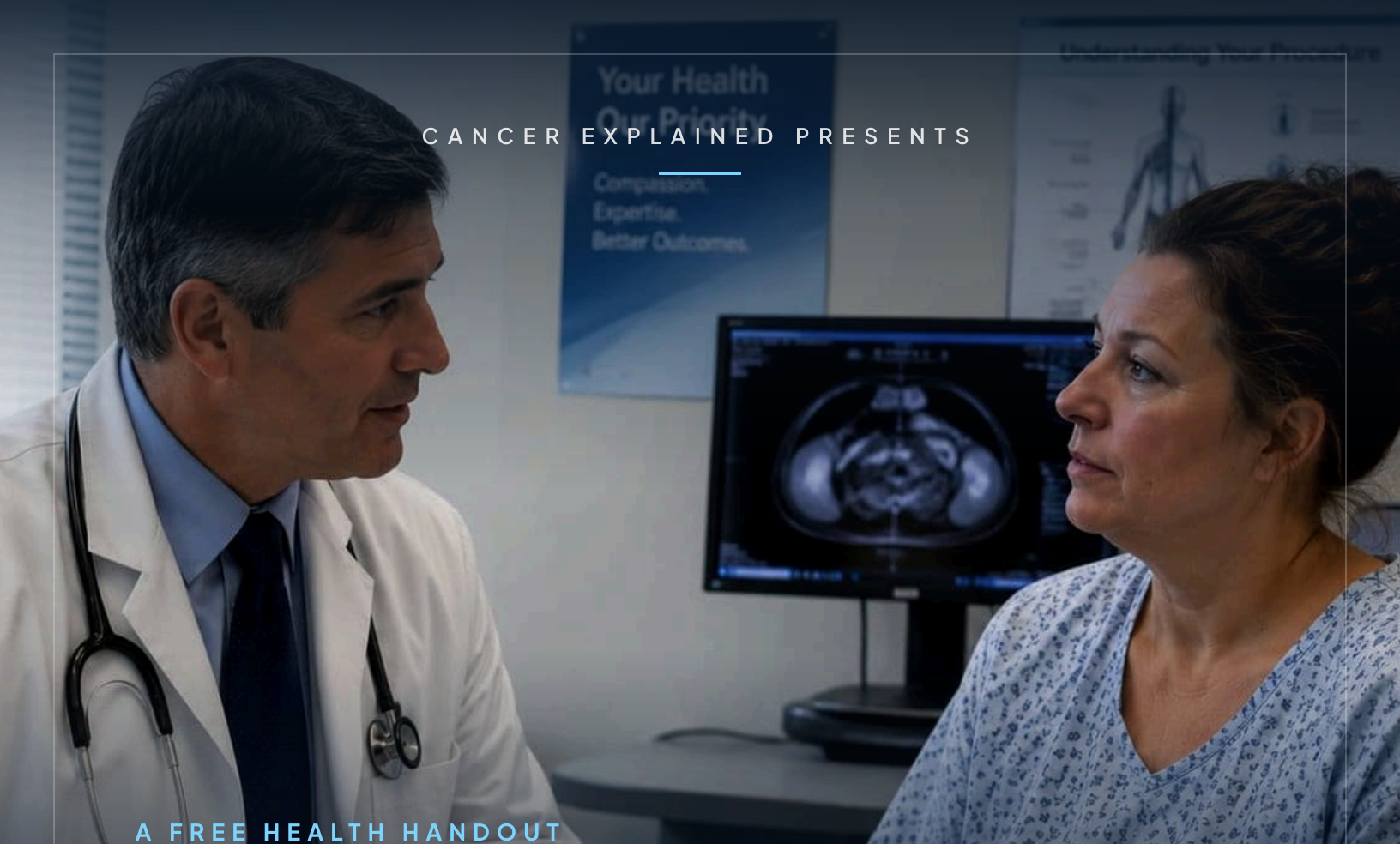

CANCER EXPLAINED PRESENTS

A FREE HEALTH HANDOUT

SCAN APPOINTMENT NOTES

A template for imaging visits — CT, MRI, PET, and more

FREE TO PRINT · PLAIN LANGUAGE · SOURCES ON THE BACK

A CANCER EXPLAINED HANDOUT · BASED ON **NCI** · UPDATED **2026-07-05**
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Scan Appointment Notes

A template for imaging visits — CT, MRI, PET, and more

1 Before the scan, confirm

Which scan it is, and what it's for:

_____

How to prepare (eating, drinking, medicines) — instructions differ by scan and by clinic:

_____

Whether contrast dye is planned, and whether you've had a reaction to contrast before.

What to leave at home (some scans mean no metal — jewelry, watches, hair clips).

Roughly how long it will take: _____

2 Good questions to ask

? When and how will I get my results, and who will explain them?

? Will the results go to my other doctors automatically?

? Is there anything I should avoid right after the scan?

3 After the scan, note

Date of the scan and where it was done:

_____

Who to contact if I haven't heard about results by:

_____

The date of the follow-up appointment where results will be discussed:

_____

THE BOTTOM LINE

Every imaging center has its own instructions — when in doubt, call before your appointment and ask.

Sources: NCI: Diagnosis and staging (cancer.gov/about-cancer/diagnosis-staging)

Learn more in plain language: cancerexplained.org/diagnosis/imaging-tests · **Updated:** 2026-07-05

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