CANCER EXPLAINED PRESENTS



QUESTIONS TO BRING

CHEMOTHERAPY QUESTIONS

Questions for your first chemotherapy teaching visit or infusion

FREE TO PRINT · PLAIN LANGUAGE · SOURCES ON THE BACK

A CANCER EXPLAINED HANDOUT · BASED ON **NCI** · UPDATED **2026-11-10**

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Chemotherapy Questions

Questions for your first chemotherapy teaching visit or infusion

cancer explained.org

1 About the treatment

- ? What are the names of my medicines, and how are they given?
- ? What is the goal of this chemotherapy for me?
- ? How many cycles are planned, and how long is each visit?
- ? What blood test results or symptoms could delay a treatment?

2 About side effects

- ? Which side effects are most likely with my medicines, and when do they usually start?
- ? What can I take at home for nausea, and when should I take it?
- ? When will my blood counts be lowest, and what should I do differently then?
- ? Could this treatment affect my ability to have children? What are my options before I start?

3 About safety at home

- ? What temperature means I call you right away?
- ? Which symptoms mean call the same day, and which mean go to the emergency department?
- ? Which medicines, vitamins, or supplements should I check with you before taking?
- ? Are there foods, activities, or vaccines I should avoid?

4 About daily life

- ? Can I drive myself home after treatment?
- ? Can I keep working, and what should I tell my employer?
- ? Who can help with costs, rides, or a place to stay?

5 Write the answers here

Daytime number: _____

After-hours number: _____

Call right away if my temperature is: _____

THE BOTTOM LINE

Before you leave, make sure you know two things: the number to call after hours, and the temperature that means call right away.

This resource is provided by:

Sources: NCI: Chemotherapy to treat cancer (cancer.gov/about-cancer/treatment/types/chemotherapy) · NCI: Side effects of cancer treatment (cancer.gov/about-cancer/treatment/side-effects)

Learn more in plain language: cancerexplained.org/what-to-expect/what-to-expect-at-an-infusion-center · **Updated:** 2026-11-10

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